Incorporating KT into your program of research

Knowledge translation encompasses all the activities that aim to increase the impact of research evidence on policy, practice and further research. Evidence suggests that research is more likely to be applied when it is done in consultation or collaboration with those who will use the findings. Research users may include, for example, policy makers, practitioners, patients, the public or other researchers.

The Reach Program is designed to bring together researchers and research users to support the dissemination of research outputs in ways that facilitate its effective uptake and potential to impact health and care.

Below are some resources that may help to guide researcher/research user collaboration dissemination of research. You can find other resources by speaking with colleagues who have engaged in collaborative research practice or go to the resource section on KT Pathways.

#It’sNotInYourHead is an informational video produced in a collaboration between researchers and research users at the Women’s Health Research Institute.

In this blog post Plain-Language Summaries: A Vital Ingredient In Knowledge Translation Dr. Iva Cheung discusses how lay-summaries can increase the participation of research users in research studies.

This article, Improving Health Care for Critically Ill Patients Using an Evidence-Based Collaborative Approach to ABCDEF Bundle Dissemination and Implementation describes the way that an interprofessional clinical Collaborative worked to disseminate research to improve patient care in the ICU.

This article, Collaborative community research dissemination and networking: experiences and challenges, reports on the experiences and results of a research/research user team working together to disseminate findings.

This article Dissemination as Dialogue: Building Trust and Sharing Research Findings Through Community Engagement, discusses strategies engage communities in two-way dialogue about research findings.

This blog post, Roots to Thrive, showcases the work the Dr. Shannon Dames has done as an outcome of her Reach Award.